

**BEGINNER & INTERMEDIATE GROUP COLORS**

- pink 0 - 3yrs old **PRE GYM** yellow 4 - 18yrs old **ADVANCED**
- blue 3 - 6yrs old **PRE GYM** orange 6 - 18yrs old **TUMBLING**
- green 6 - 18yrs old red 3 - 11yrs old **NINJA**

# Schedule of Classes

## Garden City Gym 2023/24 Fall Schedule

\*Evaluation Required Note: Schedule is subject to change.

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
9:30am (walking -3yrs) Bronze Babies 45min	10:30am (walking -3yrs) Bronze Babies 45min	9:30am (walking -3yrs) Bronze Babies 45min	9:30am (walking -3yrs) Bronze Babies 45min	9:30am (12mos -3yrs) Busy Bees 45min	8:30am (walking -3yrs) Bronze Babies 45min
**5:10pm (walking -3yrs) Bronze Babies 45min	**11:45am (walking -3yrs) Bronze Babies 45min	11:30am (walking -3yrs) Bronze Babies 45min	11:30am (walking -3yrs) Bronze Babies 45min		**10:35am (walking -3yrs) Bronze Babies 45min
10:30am (3-5yrs) Silver Stars 55min	9:30am (3-5yrs) Silver Stars 55min	10:30am (3-5yrs) Silver Stars 55min	3:30pm (walking -3yrs) Bronze Babies 45min	10:30am (3-5yrs) Silver Stars 55min	8:30am (5yrs) Intro to Rec 60min
11:40am (3-5yrs) Silver Stars 55min	**11:45am (3-5yrs) Silver Stars 55min	12:30pm (3-5yrs) Silver Stars 55min	**4:30pm (walking -3yrs) Bronze Babies 45min	4:30pm (3-5yrs) Silver Stars 55min	9:30am (3-5yrs) Silver Stars 55min
4:00pm (3-5yrs) Silver Stars 55min	4:30pm (3-5yrs) Silver Stars 55min	4:30pm (5yrs) Intro to Rec 60min	10:30am (3-5yrs) Silver Stars 55min	5:45pm (5yrs) Intro to Rec 60min	**10:35am (3-5yrs) Silver Stars 55min
4:00pm (5yrs) Intro to Rec 60min	5:30pm (3-5yrs) Silver Stars 55min	5:45pm (3-5yrs) Silver Stars 55min	11:30am (3-5yrs) Silver Stars 55min		11:40am (3-5yrs) Silver Stars 55min
**5:10pm (3-5yrs) Silver Stars 55min	5:45pm (5yrs) Intro to Rec 60min	5:45pm (5yrs) Intro to Rec 60min	**4:30pm (3-5yrs) Silver Stars 55min		12:00pm (5yrs) Intro to Rec 60min
6:15pm (5yrs) Intro to Rec 60min			4:30pm (5yrs) Intro to Rec 60min		12:45pm (3-5yrs) Silver Stars 55min
5:00pm (4-5yrs) *Super Silvers 90min		4:00pm (4-5yrs) *Super Silvers 90min	5:45pm (5yrs) Intro to Rec 60min		
4:20pm (6-10yrs) Girls Gymnastics 90min	4:20pm (6-10yrs) Girls Gymnastics 90min	4:20pm (6-10yrs) Girls Gymnastics 90min	5:45pm (3-5yrs) Silver Stars 55min	4:20pm (6-10yrs) Girls Gymnastics 90min	8:30am (6-10yrs) Girls Gymnastics 90min
6:00pm (6-10yrs) Girls Gymnastics 90min	6:00pm (6-10yrs) Girls Gymnastics 90min	6:00pm (6-10yrs) Girls Gymnastics 90min	5:30pm (4-5yrs) *Super Silvers 90min	6:00pm (6-10yrs) Girls Gymnastics 90min	10:15am (6-10yrs) Girls Gymnastics 90min
	6:00pm (11yrs+) Girls Gymnastics 90min		4:20pm (6-10yrs) Girls Gymnastics 90min	6:00pm (11yrs+) Girls Gymnastics 90min	12:00pm (6-10yrs) Girls Gymnastics 90min
	5:00pm (6-8yrs) Beginner Flipping Class 60min		6:00pm (6-10yrs) Girls Gymnastics 90min		
	6:00pm (9yrs+) Beginner Flipping Class 60min	6:00pm (9yrs+) Beginner Flipping Class 60min	6:00pm (11yrs+) Girls Gymnastics 90min	5:00pm (6-8yrs) Beginner Flipping Class 60min	9:00am (8yrs+) Beginner Flipping Class 60min
4:00pm (6-8yrs) *Accelerated Class 2hours	7:00pm (6yrs+) Advanced Flipping Class 60min	4:00pm (6-8yrs) *Accelerated Class 2hours	6:00pm (6-8yrs) Beginner Flipping Class 60min	6:00pm (6-8yrs) *Accelerated Class 2hours	10:00am (6-8yrs) *Accelerated Class 2hours
7:00pm (9yrs+) *Accelerated Class 2hours		7:00pm (9yrs+) *Accelerated Class 2hours	7:00pm (9yrs+) Beginner Flipping Class 60min	6:00pm (9yrs+) *Accelerated Class 2hours	10:00am (9yrs+) *Accelerated Class 2hours
			7:00pm (9yrs+) *Accelerated Class 2hours		



"Where every child is a Champion!"



**ADVANCED GROUP COLORS**

<b>yellow</b>	<b>*Super Silvers</b>	<b>green</b>	<b>*Club Local Team</b>
<b>purple</b>	<b>*Gold Medalists</b>	<b>red</b>	<b>NINJA</b>
<b>pink</b>	<b>*Mini &amp; Pre Team</b>		

New time slots available for groups of 4 or more. Ask office for details.



*\*Evaluation Required*

**Schedule of Ninja Classes**

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
3:30pm (3-5yrs) Little Ninja 60min	12:45pm (3-5yrs) Little Ninja 60min	4:30pm (3-5yrs) Little Ninja 60min	4:00pm (3-5yrs) Little Ninja 60min	11:30am (3-5yrs) Little Ninja 60min	8:30am (3-5yrs) Little Ninja 60min
4:30pm (6-8yrs) Ninja Kids 60min	3:30pm (3-5yrs) Little Ninja 60min	4:30pm (6-8yrs) Ninja Kids 60min	5:00pm (6-8yrs) Ninja Kids 60min	4:30pm (6-8yrs) Ninja Kids 60min	8:30am (walking-3yrs) Ninja Babies 45min
5:30pm (9yrs+) Ninja Kids 60min	4:30pm (6-8yrs) Ninja Kids 60min	5:45pm (3-5yrs) Little Ninja 60min	6:15pm (8yrs+) Advanced Ninja Kids 60min	5:45pm (3-5yrs) Little Ninja 60min	9:45am (6-8yrs) Ninja Kids 60min
	5:45pm (6-8yrs) Ninja Kids 60min	5:45pm (6-8yrs) Ninja Kids 60min		7:00pm (6-8yrs) Ninja Kids 60min	11:00am (3-5yrs) Little Ninja 60min
	6:45pm (8yrs+) Advanced Ninja Kids 60min	7:00pm (9yrs+) Ninja Kids 60min			11:00am (6-8yrs) Ninja Kids 60min
					12:15pm (6-8yrs) Ninja Kids 60min
					12:15pm (3-5yrs) Little Ninja 60min

**Schedule of Developmental Classes**

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
5:00pm (4-5yrs) *Super Silvers 90min		4:00pm (4-5yrs) *Super Silvers 90min	5:30pm (4-5yrs) *Super Silvers 90min		
4:00pm (5-7yrs) *Gold Medalists (Mon/Wed) 2hrs	6:00pm (5-7yrs) *Gold Medalists (Tue/Thu) 2hrs	4:00pm (5-7yrs) *Gold Medalists (Mon/Wed) 2hrs	6:00pm (5-7yrs) *Gold Medalists (Tue/Thu) 2hrs		
6:00pm *Club Team 2hrs/2X a week		6:00pm *Club Team 2hrs/2X a week			12:30pm *Club Team 2hrs/2X a week
6:00-8:00pm *Pre Team		6:00-8:00pm *Pre Team		6:00-8:00pm *Pre Team	

Note: Schedule is subject to change

Sign up online at [www.gmgc.com](http://www.gmgc.com)

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