

# Schedule of Classes

*Note: Schedule is subject to change*

## PreSchool Gymnastics Program

*Note: New class times can be created for groups of 4 or more*

	MON	TUE	WED	THU	FRI	SAT
<b>Bronze Babies</b> Ages 18mo-3yrs 55Min.Class	9:30	11:35	9:30	11:35	9:30	11:00
<b>Mini Stars</b> Ages 3-4yrs 1hour Classes	10:30 1:15 4:30	10:30 12:45 4:30	10:30 1:15 4:30	10:30 12:45 4:30	10:30 3:25 4:30	12:15 1:30
<b>Silver Stars</b> Ages 5-6yrs 1hour Classes	10:30 4:30	10:30 4:30	10:30 4:30	10:30 4:30	10:30 3:25 4:30	12:15 1:30
<b>Super Silvers</b> 4-6yrs 90min	4:30			4:30		

*\* Evaluation Required to Enroll*

## Beginner & Intermediate Gymnastics

	MON	TUE	WED	THU	FRI	SAT
<b>Girls Gymnastics</b> 6-12yrs 1-1/2hr Class	4:20 5:50	4:00 5:45	4:20 5:50	4:00 5:45	4:20 5:50	11:00
		5:45		5:45		
<b>Ability Levels:</b>	<i>Red - Beginner</i>	<i>White - Intermediate</i>		<i>Blue - Advanced</i>		
<b>Boys Gymnastics</b> 6-9yrs 1-1/2hr Class		4:00 5:45		4:00 5:45	4:20 6:00	11:00
<b>Adult Class</b> 18yrs&up 1-1/2hr Class			9:00pm			

## Advanced Gymnastics

*\*\*Note: Child must be evaluated to enroll in these classes*

	MON	TUE	WED	THU	FRI	SAT
<b>Gold Medalists</b> 90min 2x Week 5-7yrs	5:45(b)	4:30(a)	5:45(b)	4:30(a)		
<b>Mini-Team</b> Girls 6-8yrs 2hrs 2x Week	4:00(a)	6:00(b)	4:00(a)	6:00(b)		
<b>Boys Future Stars</b> 6-8yrs 2 hours	4:00		4:00	(2x week recommended)		
<b>Accelerated</b> Girls 7+ 2 hours	6:30		6:30	6:30	5:30	11:00
	<i>Boys 7+</i>	4:00				

*\*Note: Team uniforms are required*

## Tumbling & Cheerleading

	MON	TUE	WED	THU	FRI	SAT
<b>BackHand-Spring Class</b> 6-12yrs (Beginning Tumbling) 1hour		5:30		5:30		9:00
		6:30		6:30		9:00
<b>Flipping Class</b> 6-12yrs (Advanced Tumbling) 1hour	6:30		6:30			10:00
	7:30		7:30			10:00
<b>Twisting Class</b> 12+yrs (Elite Tumbling) 1hour		7:30		7:30		
<b>Trampoline &amp; Tumble Trak</b> Girls 6-16yrs			1hour		5:50	
<b>Tiny Cheer</b> 3-5yrs Tumble & Stunting	5:30		5:30			2:30
<b>Youth Cheer</b> 5-9yrs Tumble & Stunting 1hour 2x Week	6:30		6:30			3:30

**High School Open Tumble**

1hr Class - Pay as you go Tues 8:45

**All Starz EliteTeam**

Junior and Senior Tryouts Jan 2008