

Schedule of Classes

Note: Schedule is subject to change

PreSchool Gymnastics Program

Note: New class times can be created for groups of 4 or more

	MON	TUE	WED	THU	FRI	SAT
Bronze Babies Ages 18mo-3yrs 55Min. Class	9:30	11:35	9:30 5:35	11:35	9:30	11:00
Mini Stars Ages 3-4yrs 1hour Classes	10:30 1:15 4:30 5:35	10:30 12:45 4:30	10:30 1:15 4:30	10:30 12:45 4:30	10:30 4:30 5:35	12:15 1:30
Silver Stars Ages 5-6yrs 1hour Classes	10:30 4:30 5:35	10:30 4:30	10:30 4:30	10:30 4:30	10:30 4:30 5:35	12:15 1:30
Super Silvers 4-6yrs 90min	4:30			4:30		11:00

** Evaluation Required to Enroll*

Beginner & Intermediate Gymnastics

	MON	TUE	WED	THU	FRI	SAT
Girls Gymnastics 6-12yrs 1-1/2hr Class	4:20 6:00	4:00 5:45	4:20 6:00	4:00 5:45	4:20 6:00	11:00
		12+yrs 5:45		5:45		
Ability Levels:	<i>Red - Beginner</i>	<i>White - Intermediate</i>		<i>Blue - Advanced</i>		
Boys Gymnastics 6-9yrs 1-1/2hr Class	4:20 6:00		4:20 6:00		4:20 6:00	11:00
Adult Class 1-1/2hr Class			9:00			

Advanced Gymnastics

***Note: Child must be evaluated to enroll in these classes*

	MON	TUE	WED	THU	FRI	SAT
Gold Medalists 90min 2x Week 5-7yrs	5:45(b)	4:30(a)	5:45(b)	4:30(a)		
Level 4 Mini-Team Girls 6-9yrs 2hrs 3x Week	6:00	6:00		6:00		<i>*Note: Team uniforms are required</i>
Boys Mini-Team 6-8yrs 2 hours 2x week		4:00		4:00		
Accelerated Girls 7+ 2 hours	6:30		6:30	6:30	5:30	11:00
	Boys 7+ 6:00					

Tumbling & Cheerleading

	MON	TUE	WED	THU	FRI	SAT
BackHand-Spring Class (Beginning Tumbling) 1 hour		5:30 6:30		5:30 6:30		
Flipping Class (Advanced Tumbling) 1 hour	6:30 7:30		6:30 7:30			
Twisting Class (Elite Tumbling) 1 hour	7:30		7:30			
Trampoline & Tumble Track Girls 6-16yrs 1 hour					6:00	
Mini Cheer Team Tumbling & Stunting 1 hour 2x week	6:30		6:30			
High School Open Tumble 1 hour Class - Pay as you go		Mon 8:45				
All Starz Elite Team Junior and Senior Tryouts in August						

